



*Join our team!*

# Teen Urban Foresters

## Fast Facts

- 8 positions per session
- 100 + hours of hands-on work
- 24+ hours of training and curriculum
- 96% time spent outdoors
- Summer session meets 3 days per week for 10 weeks
- School-year session meets once a week, plus a few Saturdays each month

## Program Overview

Canopy employs local high-school students part-time to participate in every facet of Canopy's tree planting and tree care programs. Beyond gaining job experience, the Teen Urban Foresters (TUFs) work together to build local pride and contribute to the economic and civic renewal of their community by bringing the life-giving benefits of trees to schools, parks, and neighborhoods.

## What do TUFs learn?

TUFs complete a series of training sessions that cover a range of topics: tree planting, tree biology, tree identification, the benefits of urban trees, and young tree pruning. They also complete hands-on training sessions in leading volunteers, developing their personal leadership style, and public speaking. Canopy provides enrichment opportunities for TUFs to learn about the environmental field by visiting peer organizations and working alongside environmental professionals and community leaders.

## What do TUFs do?

Training experiences are complemented by field work where TUFs utilize their knowledge and practice their skills. Field work includes leading volunteers at tree planting and tree care events, and caring for young trees by watering, mulching, pruning, and adjusting stakes. The TUFs participate in community outreach for Canopy events, engage residents, and teach peers about the importance of trees in the urban environment.



For more information or to apply email: [info@canopy.org](mailto:info@canopy.org)

[canopy.org](http://canopy.org)





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## What is a typical week like in the summer?

### Thursday

- 2:00-2:30 | Reflect on the projects from the previous week. Decide which TUFs will write a blog post to highlight the most recent Canopy event.
- 2:30-4:00 | Design a lesson plan about the benefits of trees for a group of summer camp students.
- 4:00-6:00 | Tree care (including weeding, mulching, and watering) recently planted trees in East Palo Alto.

### Friday

- 2:00-5:30 | Visit a local tree care company or environmental nonprofit.
- 5:30-6:00 | Load the Canopy van with tools for the tree care work the following day.

### Saturday

- 8:30-1:00 | Work with volunteers at a tree care work day to prune young trees in Palo Alto.

“One thing I learned was that the number of people who care about trees and the environment is bigger than I anticipated. I also learned more about being a leader; the role of a leader is not to have other people follow you, but to create more leaders.”

— Alex Quintanar, Class of 2017

