

# MEAL TIME!

Look carefully at the ingredient lists for foods and beverages below. There are **18** items listed on this page of things we eat that come from trees. Can you find and circle them all? Some are herbs and spices, and others are food items. Each list tells you the number of items you should be looking for in parentheses.

## DID YOU KNOW?

Not all trees can grow in all places around the world. Some trees like really hot and wet places, and others grow well in cooler climates that are a bit more dry. We describe "weather" with terms like hot or cold, rainy or dry, cloudy or clear. When a place has weather patterns that repeat over and over, year after year, we call that "climate."

What is the weather like today where you are?

Today is cloudy and

chilly, but not too cold

(for example).

What is the climate like where you live?

It is usually not too cold

or too hot, and there is a rainy season in spring.

### SPAGHETTI with TOMATO SAUCE (2)

Spaghetti

Olive oil

Garlic

Tomato

Basil

Bay leaves

Salt



### TAMARIND SODA (1)

Tamarind

Sugar

Carbonated water



### PUMPKIN PIE (2)

Pumpkin puree

Condensed milk

Eggs

Cinnamon

Allspice

Ginger

Pie crust



### POZOLE/ CHILI SOUP (3)

Chili

Cilantro

Hominy

Onion

Pork

Avocado

Garlic

Lime

Bay leaves

Radish

Cumin

Cabbage

Oregano

Tostadas



### CHICKEN CURRY (6)

Curry leaves

Coconut Milk

Cilantro

Cinnamon

Chili

Ginger

Chicken

Garlic

Onion

Cashew nuts

Turmeric

Clove

Olive Oil



### HOMEMADE ROOT BEER (4)

Sassafras

Clove

Water

Allspice













Cinnamon

Sugar

Soda water



# TREE PARTS 1

LEAF (3 cards)	BARK (2 cards)	ROOT (1 card)	FRUIT, BERRY, or FLOWER (6 cards)	
 <p>California Bay   <i>Laurel de CA</i></p>	 <p>Cinnamon   <i>Canela</i></p>	 <p>Sassafras   <i>Sasafrás</i></p>	 <p>Clove   <i>Clavo</i></p>	 <p>Pink peppercorn   <i>Pimienta rosa</i></p>
 <p>Curry   <i>Curry</i></p>	 <p>Cassia   <i>Casia</i></p>		 <p>Tamarind   <i>Tamarindo</i></p>	 <p>Star anise   <i>Anís estrellado</i></p>
 <p>Makrut lime   <i>Lima makrut</i></p>			 <p>Juniper berries   <i>Bayas de enebro</i></p>	 <p>Allspice   <i>Pimienta inglesa</i></p>

# TREE PARTS 2

LEAF	BARK	ROOT	FRUIT, BERRY, or FLOWER
<b>WHY DO YOU THINK THAT?</b> (What clues did you learn from the textures, shapes, and colors that you observed?)			
I recognized the shapes of the leaves, and noticed that they were all green, like leaves often are, except for in the fall.	Both of the images look hard like bark. Their brown and yellow-ish color also looks like bark I've seen on trees before.	I know that roots "branch" out like this image shows. Also, it is brown and bumpy, like roots usually are.	Even though they don't all look exactly the same, many of these images look like round berries or seeds. Star anise and clove look different, but they look like they might be dried flowers or perhaps seeds.
<b>FUNCTION(S) FOR THE TREE</b> (Using the categories <i>survival</i> , <i>defense</i> , <i>growth</i> , <i>reproduction</i> , <i>stability</i> , explain why you think the tree part provides that function/those functions.)			
<b>SURVIVAL &amp; GROWTH</b>	<b>DEFENSE &amp; STABILITY</b>	<b>SURVIVAL &amp; GROWTH</b>	<b>REPRODUCTION &amp; DEFENSE</b>
Trees use their leaves to make energy/food, and then use this energy to grow.	Bark is hard and protects the trunk of the tree, which also keeps the tree upright and stable.	Trees need water and nutrients from the soil to grow. They get these using their roots.	Trees reproduce using seeds, which are found in fruits and berries. Some fruits and berries are poisonous to defend the plant from certain animals. Pollinated flowers turn into fruits and berries.