

# **Recommended Tree Book List**

Please enjoy this comprehensive list of book recommendations from Canopy staff, urban forestry professionals, and graduates of our Community Forestry School program.

### **About Canopy**

Canopy is a well-established Midpeninsula nonprofit whose work results in greener, healthier, and more sustainable cities by engaging communities in the enhancement and stewardship of their urban environment. One tree at a time, we transform nature-deprived schools and the nearby built environment into resilient green landscapes that restore natural ecosystems and community well-being.

<u>Join our mailing list</u> for local tree news, community events, and more ways you can support Canopy bringing more nature to your neighborhood.

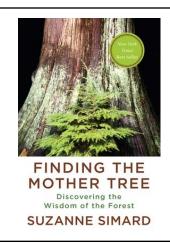


### **Spirituality & Plant Wisdom**

Cover	Title & Author	Brief Synopsis
BRAIDING SWEETGRASS  Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants  ROBIN WALL KIMMERER	Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants Robin Wall Kimmerer	Kimmerer shows how other living beings offer us gifts and lessons, even if we've forgotten how to hear their voices. She calls on the reader to celebrate our reciprocal relationship with the rest of the living world in order to understand the generosity of the earth.

Though gargama would sense path to the place where estimes and upich ment.  Life at the Crossroads of Science, Nature, and Spirit  Rooted  Lyanda Lynn Haupt  Author of Messert's Starting	Rooted: Life at the Crossroads of Science, Nature, and Spirit Lyanda Lynn Haupt	Science supports a truth that poets, artists, mystics, and cultures across the world have long held true: life on this planet is radically interconnected. Our whole selves affect and are affected by nature. In this time of crisis, how can we best live upon our imperiled, beloved earth?
How I Became a Tree  Sumana Roy	How I Became a Tree Sumana Roy	Drawn to trees' wisdom, their nonviolent way of being, their ability to cope with loneliness and pain, Roy movingly explores the lessons that writers, painters, photographers, scientists, and spiritual figures have gleaned through their engagement with trees.
The Hidden Life of TREES  What They Feel, How They Communicate  Discoveries from a Secret World	The Hidden Life of Trees: What They Feel, How They Communicate Peter Wohlleben	Wohlleben draws on groundbreaking scientific discoveries to describe how trees are like human families: tree parents live together with their children, communicate with them, support them as they grow, and share nutrients with those who are sick.
THE HIDDEN LIFE OF TREES The Illustrated Edition  PETER WOLLLEBEN	The Hidden Life of Trees: An Illustrated Edition Peter Wohlleben	An illustrated version of the above book by Wohlleben.





Finding the Mother Tree:
Discovering the Wisdom
of the Forest
Suzanne Simmard

of years, have evolved sophisticated methods to perceive one another, learn and adapt their behaviors, even remember the past. At the center of it all are Mother Trees that connect and sustain the others.

Trees, living side by side for hundreds

#### **Local California**

Cover	Title & Author	Brief Synopsis
TREES PARADISE  JAMES PARMER  A California History	Trees in Paradise: A California History Jared Farmer	California now has more trees than at any time since the late Pleistocene. This book chronicles the changes in CA's trees, from post-Gold Rush plantings of imported species and fruit orchards, to redwood logging, to the present.
CALIFORNIA PLANTS A Guide to Our Iconic Flora  MATTRITTER Foreword by Edmund G. Brown Jr. Governor of California	California Plants: A Guide to Our Iconic Flora Matt Ritter	With his vibrant photographs and lively writing, Ritter takes the reader on a journey through California's iconic landscapes and abundant plant life. This guide features more than 500 species, along with descriptions and tree and wildflower identification charts.

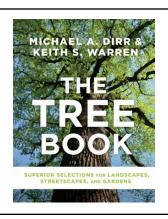
THE FORESTS OF CALIFORNIA oli kusiman	The Forests of California Obi Kaufmann	Kaufmann tells an epic story that spans millions of years, nearly one hundred species of trees, and an astonishing richness of ecosystems. Includes Kaufmann's signature watercolor maps and trail paintings.
King Sequoia The Tree That Inspired a Malion, Created Our Malional Paris Systom, and Changed the Way We Think about Nature	King Sequoia: The Tree That Inspired a Nation, Created Our National Park System, and Changed the Way We Think about Nature William C. Tweed	Former park ranger William C. Tweed takes readers on a tour of the Big Trees in a narrative that travels deep into the Sierras, around the West, and all the way to New Zealand; and in doing so he explores the American public's evolving relationship with sequoias.
A Californian's Guide to the TREES AMONG US  MATT RITTER Forward by Peter H. Raven	A Californian's Guide to the Trees Among Us Matt Ritter	Features over 150 of California's most commonly grown trees. Used as a field guide or read with pleasure for the liveliness of the prose, this book will allow readers to learn the stories behind the trees that shade our parks, grace our yards, and line our streets.
REDWOOD ADAM GRIFFIN	Redwood: A Guide to Leading a Remarkable Life Adam Griffin	This book explores the nature of growth and the conditions needed to lead a remarkable life. Like the redwoods, it's a recipe for leaving a mark and creating a vision that stays with others for the rest of their lives. It's the recipe for being a redwood, leaving others in awe.

## **Native Plants**

Cover	Title & Author	Brief Synopsis
The Rich Ecology of Our Most Essential Native Trees  The Nature Of Nature Oaks  Douglas W. Tallamy  NIN TORK TRACK RELING. GUTTERS OF NEWS TREE   TRACK   TRAC	The Nature of Oaks: The Rich Ecology of Our Most Essential Native Trees Douglas W. Tallamy	This book reveals what is going on in oak trees month by month, highlighting the seasonal cycles of life, death, and renewal. Tallamy illuminates and celebrates the wonders that occur right in our own backyards and also shares practical advice about caring for oaks.
"If you have a backyard, this book is for you."	Bringing Nature Home: How You Can Sustain Wildlife with Native Plants Douglas W. Tallamy	Tallamy reveals the unbreakable link between native plant species and native wildlife—native insects cannot, or will not, eat alien plants. Everyone with access to a patch of earth can make a significant contribution toward sustaining biodiversity by simply choosing native plants.

# **National Field Guides**

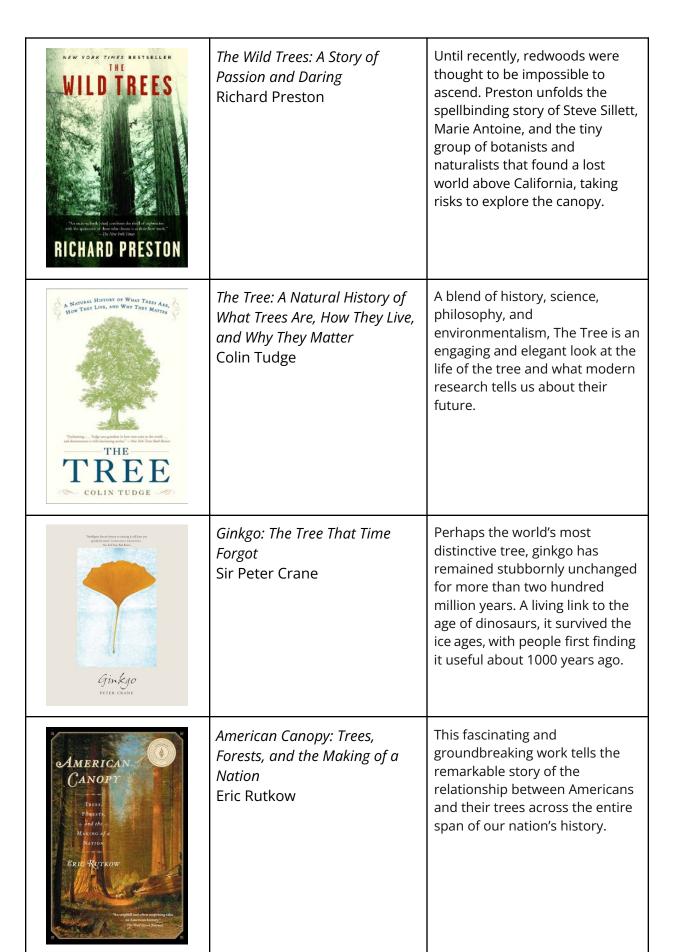
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Cover	Title & Author	Brief Synopsis
NATIONAL AUDUBON SOCIETY  FIELD GUIDE TO TREES WESTERN REGION	National Audubon Society: Field Guide to Trees, Western Region Elbert L. Little	A compact and comprehensive field guide of 700 species of trees, detailed in beautiful, full-color photographs of leaf shape, bark, flowers, fruit, and fall leaves, and accompanied by informative text. For beginners and advanced tree-peepers.
National Wildlife Federation  FIELD GUIDE TO  OF NORTH AMERICA  Kershner, Mathews, Nelson & Spellenberg James by Cray Mith, and Cont Milliand	National Wildlife Federation: Field Guide to Trees of North America Kershner, Mathews, Nelson & Spellenberg	This single, portable volume features more than 700 tree species and varieties, with special emphasis on their leaves, bark, fruits, and flowers. More than 2,000 stunning images show these trees in their natural habitats. The guide has a waterproof cover.
GUIDE TO TREES  "A bandle annual of male any on the black Autories tree"  "Check Of When Autories tree"  WRITTEN AND ILLUSTRATED BY DAVID ALLEN SIBLEY	The Sibley Guide to Trees (Sibley Guides) David Allen Sibley	An astonishingly elegant guide to a complex subject. With more than 4,100 meticulous, exquisitely detailed paintings, the Guide highlights the often subtle similarities and distinctions between more than 600 tree species native trees as well as many introduced species.



The Tree Book: Superior Selections for Landscapes, Streetscapes, and Gardens Michael A. Dirr and Keith S. Warren "A boon to all those who plant, care for, and love trees."—Nina Bassuk, author of Trees in the Urban Landscape.
The Tree Book is the go-to reference to more than 2,400 species and cultivars, from two of the biggest names in horticulture.

#### **Narrative**

Cover	Title & Author	Brief Synopsis
The Overstory  Richard  Powers  NEW GRAPHMET IN TEST DATE  NEW GRAPHMET IN TEST DATE  OF THE CONTROL OF THE CON	The Overstory Richard Powers	An ambitious environmental fable of nine main characters that explores our relationship with nature, the psychology of why we're so bad at acting on climate change, our perception of time, the meaning of hope, and so much more. 2019 winner of Pulitzer Prize for fiction.
And the tenting of the control of th	The Golden Spruce: A True Story of Myth, Madness, and Greed John Vaillant	A tale of obsession so fierce that a man kills the thing he loves most: the only giant golden spruce on earth. As vividly as John Krakauer puts readers on Everest, John Vaillant takes us into the heart of North America's last great forest.





### **Memoir**

Cover	Title & Author	Brief Synopsis
TREES MAKE  A FOREST  IN SERRCH OF MY FAMILY CANSES  MOUNTAINS IN CORATS  MOUNTAINS IN CORATS	Two Trees Make a Forest Jessica J. Lee	A chance discovery of letters written by her immigrant grandfather leads Jessica J. Lee to her ancestral homeland, Taiwan. There, she seeks his story while growing closer to the land he knew.
GIRL  Hope Jahren  *Lagroning Thrilling Does for bottomy what Oliver Sacks's many did for energoday, what Stephen by Condit's writings did for palasonaling—Th. Nat. Ind Tour	<i>Lab Girl</i> Hope Jahren	A celebration of the lifelong curiosity, humility, and passion that drive every scientist. Jahren shares how she found a sanctuary in science, learning to perform lab work "with both the heart and the hands." She extends the mantle of scientist to each one of her readers.
Wanger Manhar) memore in direct, house, and beneathely written-a grying necrost of modern of fives with and recomple, a school dury of courses, provinces, and secures against great at a ratio concerning of the course of the co	Unbowed Wangari Maathai	Maathai recounts her extraordinary journey founding the Green Belt Movement (GBM) and fighting tirelessly to save Kenya's forests and to restore democracy to her beloved country. The rural women of GBM have planted over 300 million trees in Kenya.



tic Wisdom to a Healing

Vision of the Forest

DIANA BERESFORD-KROEGER

career that melds the intricacies

of the natural world with the

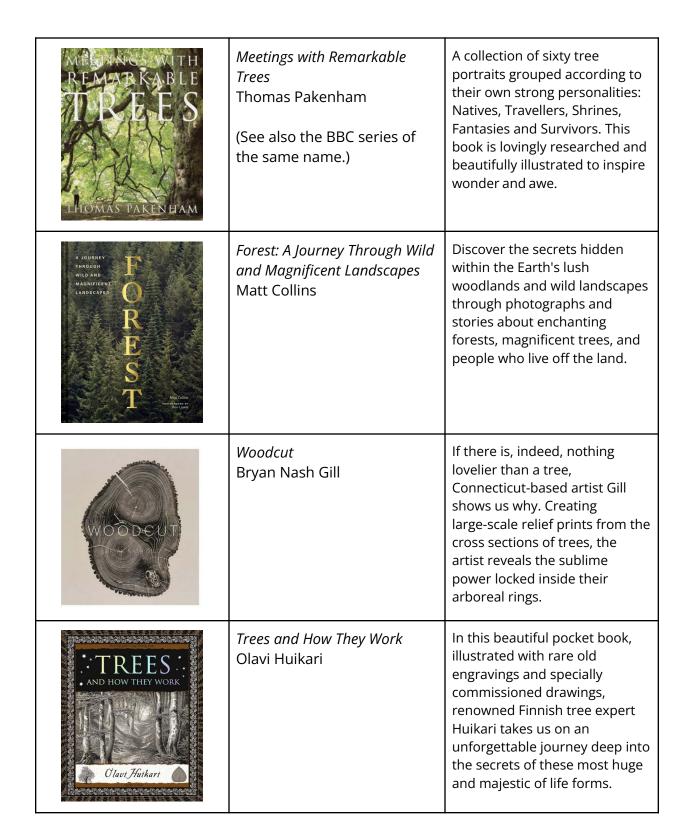
truths of traditional Celtic

wisdom.

A SAND COUNTY ALMANAC WITH ESSAYS ON CONSERVATION FROM RICHARD RIVER  AID ROVER  AID ROV	A Sand County Almanac: With Essays on Conservation from Round River Aldo Leopold	The environmental classic that redefined the way we think about the natural world—an urgent call for preservation that's more timely than ever.  "We can place this book on the shelf that holds the writings of Thoreau and John Muir."—San Francisco Chronicle
Wildwood A Journey Through Trees Roger Deakin	Wildwood: A Journey Through Trees Roger Deakin	"[Deakin is] a congenial traveling companion in an invigorating rompHis writing reflects that fresh and tentative spiritcontains nuggets of wood lore beyond its obvious uses for food, animal fodder and building material." The Washington Post

## **Artistic and Photo Books**

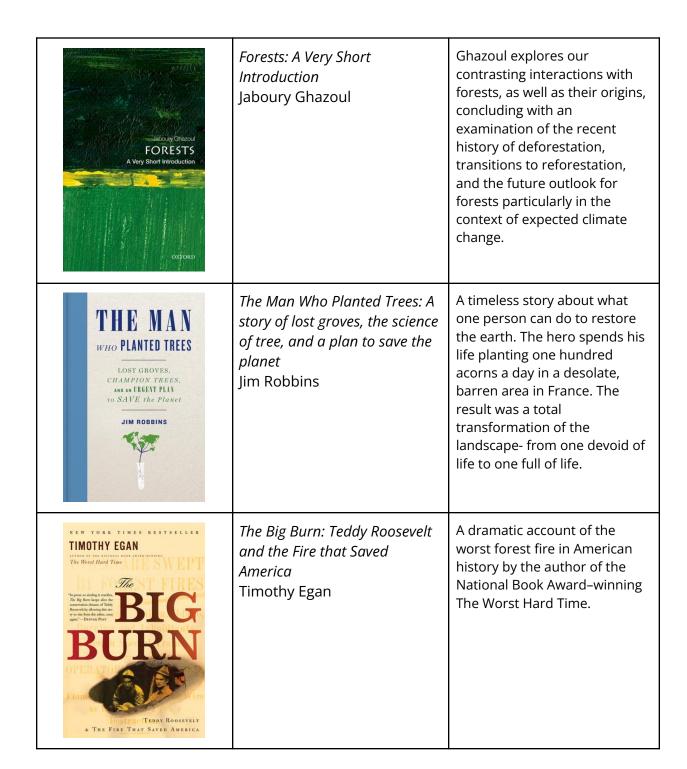
Cover	Title & Author	Brief Synopsis
REMARKABLE TRES	Remarkable Trees of the World Thomas Pakenham	A collection of sixty tree portraits - from around the world! Pakenham embarked on a five-year odyssey to most of the temperate and tropical regions of the world to catalog a range of trees: Dwarfs, Giants, Monuments, and Aliens.

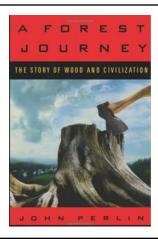


Conversations with Trees An Intimate Ecology STEPHANIE KAZA Biomono by Davi Te Sele	Conversations with Trees: An Intimate Ecology Stephanie Kaza	Meditations on the beauty, fragility, and resilience of trees, with 27 original lithographs. In an era of species extinction and worsening climate change, this book is a warm and earnest invitation to personal and ecological sanity.
TREE A HEW VIHOU A AMERICAN POSETS JAMES BALOG	Tree: A New Vision of the American Forest Jim Balog and David Friend	The format's more modest, but the visual splendor is as huge as ever. This miniature Tree offers James Balog's groundbreaking portraits in a smaller but equally beautiful format, with three gatefolds. Makes a great gift!

# **Climate Change & Reforestation**

Cover	Title & Author	Brief Synopsis
ATrillion TREES  Restoring Our Forests by Trusting in Nature	A Trillion Trees: Restoring Our Forests by Trusting in Nature Fred Pearce	Pearce has a provocative argument: planting more trees isn't the answer to declining forests. If given room and left to their own devices, forests and the people who live in them will fight back to restore their own domain.

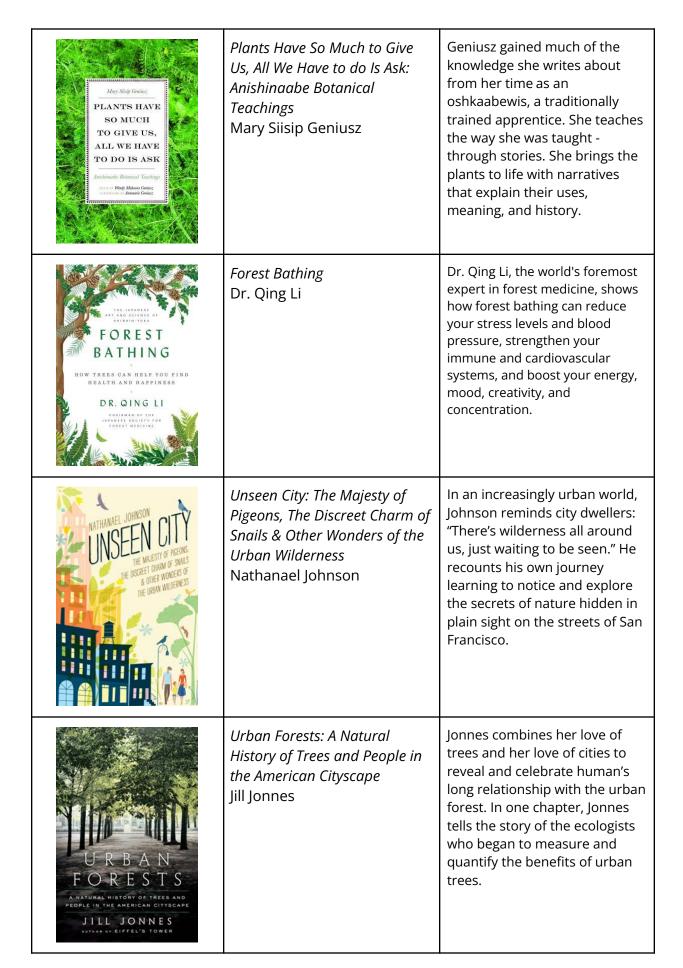


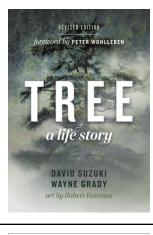


A Forest Journey: The Story of Trees and Civilization Iohn Perlin Ancient writers observed that forests always recede as civilizations develop and grow. The great Roman poet Ovid wrote that before civilization began, "even the pine tree stood on its own very hills" but when civilization took over, "the mountain oak, the pine were felled."

### **What Trees Give Us / Benefits**

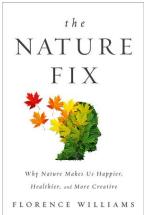
Cover	Title & Author	Brief Synopsis
The ORCHARD BOOK  Plan, Plant and Maintain Pruit from Garden to Field  WADE MUGGLETON	The Orchard Book: Plan, Plant and Maintain Fruit from Garden to Field Wade Muggleton	Muggleton has distilled 20 years of orchard know-how into this practical handbook to help you plan, plant and manage your orchard, whatever your garden size or budget. He shares how to maximise your harvest and minimise your outlay.
BACKYARD ING  Make your home a homestend  **********  FRUITTREES BERRIES NUTS  EXPERT ADVICE NADE EASY  Kim Pezza  Phatherleigh	Backyard Farming: Fruit Trees, Berries, and Nuts Kim Pezza	Pezza shows you how to add an abundant orchard to your homestead so you can effectively expand your harvest. Covers every topic from preparing the soil for planting, to trimming and pruning the growing trees and bushes, to winterizing your orchard and enjoying your bounty.



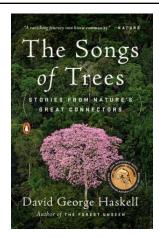


*Tree: A Life Story*David Suzuki, Wayne Grady

This unique biography tells a story that spans a millennium and includes a cast of millions but focuses on a single tree, a Douglas fir. The tree's pivotal role in making life possible for the creatures around it - including human beings - is lovingly explored.



The Nature Fix: Why Nature Makes us Happier, Healthier, and More Creative Florence Williams Our brain is wired for nature.
Natural environments reduce
our stress, boost our mood, and
restore our brains and bodies.
Williams shares how even a
small dose of nature benefits
our brain and spurs our
creativity.



The Songs of Trees
David George Haskell

Haskell repeatedly visits a dozen trees in cities and forests, exploring connections with people, microbes, fungi, and other plants and animals. In each place, he shows how human history, ecology, and well-being are intimately intertwined with the lives of trees.

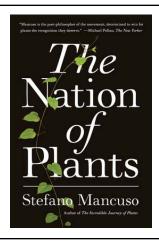


*Around the World in 80 Trees* 

Drori uses plant science to illuminate how trees play a role in every part of human life, from the romantic to the regrettable. From the trees of Britain, to India's sacred banyan, they offer us sanctuary and inspiration, and the raw materials for everything from aspirin to maple syrup.

*The Heartbeat of Trees:* Embracing our Ancient Bond with Forests and Nature

A powerful return to the forest, where trees have heartbeats and roots are like brains that extend underground. Where the color green calms us, and the forest sharpens our senses. Wohlleben is convinced that age-old ties linking humans to the forest remain alive and intact.



The Nation of Plants Stefano Mancuso

In this playful yet informative manifesto, a leading plant neurobiologist presents the eight fundamental pillars on which the life of plants - and also humans - rests. Like attentive parents, plants have come to our aid once again, giving us their rules.



### **Kid's Books**

Cover	Title & Author	Brief Synopsis
TREE  Remail Blade  Andrew Serger  BEINGS  (V) Inc. Greenedli  (V)	Tree Beings Raymond Huber, Sandra Severgnini	An adventure through the secret world of trees. Challenging the perception that trees are just 'silent statues', it introduces scientists and explorers who helped uncover the mysteries of the world's oldest living things.
SMITHSONIAN OF STATE	Trees, Leaves, Flowers & Seeds DK, Smithsonian Institution	Explore the incredible world of plants, from the smallest seeds to the tallest trees. Find out about the weirdest, smelliest, and deadliest flowers. Which plants eat insects? Where is the tallest tree in the world? Learn answers to these and more!
ACOYN  AC	Because of an Acorn Lola M. Schaefer, Adam Schaefer	Because of an acorn, a tree grows, a bird nests, a seed becomes a flower. Enchanting die-cuts illustrate the vital connections between the layers of an ecosystem in this magical book. An acorn is just the beginning.
TREE  Britta Teckentrup	Tree: A Peek-Through Picture Book Britta Teckentrup	Through a hole in the book's cover, an owl invites you inside to meet a majestic tree and all its forest inhabitants during the changing seasons. Children will love seeing a new set of animals appear and disappear as each page is turned.

Thees.	Trees Tony Johnston	Learn about old trees. Trees with shiny leaves shimmering after rain. And at night, trees holding out their limbs for the stars. Enjoy debut illustrator Tiffany Bozic's artwork that was painted directly on tree bark.
Trees B Redel History	Trees: A Rooted History Piotr Socha, Wojciech Grajkowski	Part botany, part history, part cultural anthropology— <i>Trees</i> goes beyond the basics to tell readers everything they might want to know about this particular branch of the plant kingdom. <i>Trees</i> also addresses the deforestation crisis.
PETER WOHLLEBEN A transfer for a format of the area of	Can You Hear the Trees Talking?: Discovering the Hidden Life of the Forest Peter Wohlleben	This interactive book for kids aged 8-10 introduces the science of the forest through outdoor activities, quizzes, fun facts, photographs, and more. Learn about the forest internet, aphids who keep ants as pets, and other fascinating facts.
PETER WOHLLEBEN  MESTSELLING AUTHOR OF THE MODOR LIVE OF TREES  Peter and the  Tree Children  LILLISTRIATES TY  CALE ATKINSON	Peter and the Tree Children Peter Wohlleben	Piet the squirrel feels all alone in his forest home. Luckily, Peter the Forester has the perfect plan to cheer him up: a search for tree children. You can't be lonely in a forest full of friends As they wander, Peter shares amazing facts about trees.

DR. WANGARI MAATHAII PLANTS A FOREST	Dr. Wangari Maathai Plants a Forest Rebel Girls	This is the story of environmentalist and activist Dr. Wangari Maathai, who became the first African woman to receive the Nobel Peace Prize. It's also a story about the importance of making your voice heard, and using that voice to protect nature.
The Visdom Trees  Ilow Trees Work Together to Form a Natural Kingdow  Lita Judge	The Wisdom of Trees: How Trees Work Together to Form a Natural Kingdom Lita Judge	The story of a tree is a story of community, communication, and cooperation. Trees talk, share food, raise their young, and offer protection. They not only sustain life on our planet—they can also teach us important lessons about patience, survival, and teamwork.
The LOR41  Dr. Seuss	The Lorax Dr. Seuss	Dr. Seuss's beloved story teaches kids to treat the planet with kindness and stand up and speak up for others. Experience the beauty of the Truffula Trees and the danger of taking our earth for granted in a story that is playful and hopeful.
The Giving Trex by Shell Silveston	The Giving Tree Shel Silverstein	"Once there was a treeand she loved a little boy." This moving parable for all ages offers a touching interpretation of the gift of giving and a serene acceptance of another's capacity to love in return.

